California State University, Sacramento

The State Hornet

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NEW ARENA BILL PASSES IN STATE LEGISLATURE

By Matthew Urner

Sacramento is now one step closer to getting a new sports and entertainment complex for the NBA's Sacramento Kings to move into when Sen. Darrell Steinberg's Senate Bill 743 passed through the California Legislature with bipartisan support.

Steinberg said SB 743 would relax some regulations imposed by the California Environmental Quality Act streamlining the process to develop the downtown Sacramento arena that will house the Kings and enable business growth throughout California.

Business owners expect increases in revenue, while others are concerned over parking. One Sacramento group is trying to put public funding for the arena on the ballot.

Now, it is going to Gov. Jerry Brown who can sign and enact the bill into law, or he has until Oct. 13 to veto it.

Steinberg's spokesman Mark Hedlund said the bill offers significant job creation.

"The proposed downtown Sacramento entertainment and sports center [is] expected to generate about 4,000 jobs," Hedlund said in an email.

BILLS, PAGE A2



WENDY DIAZ - STATE HORNET

Professor Saad Merrayan teaches his students in one of the labs in the civil engineering department. The department has taken many steps to ensure that that its students excel in the fields.

Engineers set the example

By Daisy Aguilar

The civil engineering program at Sacramento State has built a reputation by forming leaders in recent years and continues to uphold it.

Faculty in the program have helped form well-versed students by constantly encouraging them to get involved in student organizations to gain more experience and learn outside the classroom.

"Professors try to get us out there, "said Katherine Aguilar, 21, civil engineering major. "They do more than just academics. They try to get you involved in student organizations".

She said professors not only do an exceptional job in teaching, but they also do a great job in ensuring students are gaining experience in order to become better prepared students.

The program has kept a good reputation throughout the years with receiving recognitions in academics and projects outside the classroom that have been supported by faculty.

One of the latest accomplishments includes Sac State's Concrete Canoe and Steel Bridge teams qualifying for Nationals at the American Society of Civil Engineers Mid-Pacific Conference this year.

This was the first time in the program's 50 year history both teams were invited in the same year. The canoe team placed eighth in the nation.

The program has not only brought success in competitions but in the classroom by having faculty with the best experience in the field.

Graduating senior, Kenneth Lee Wright, 39, said since arriving at Sac State, his civil engineering professors have been nothing but the best.

"Most have extensive real world working knowledge in the field, and those that don't, tend to have engaged in cutting edge research and are known in the field for their knowledge," Wright said.

With programs like Excellence in Civil Engineering Education, and only 12 full-time faculty, the program manages to work closely with students through interactive teaching methods fully preparing students for careers.

"This program offers both a breadth and depth of courses in civil engineering, and our students are prepared for professional practice as civil engineers when they graduate," said Kevan Shafizadeh, civil engineering department chair.

Excellence in Civil Engineering Education, or Ex-

ENGINEERING, PAGE A2

CSUS to offer Korean program

By Daisy Aguilar

The Asian studies program at Sacramento State will offer a newly designed Korean studies concentration starting spring 2014.

The Korean concentration was developed due to a high demand from Asian studies students.

"There was a lot of interest from the students," said Greg Kim-Ju, vice director of the Asian studies program. "Typically, when there is an Asian studies program there's a Japanese, Chinese and Korean concentration. Korea is one of the areas that is represented in Asian studies."

The process of designing the Korean studies concentration began more than a year ago when Asian studies faculty and professors interested in the concentration began to meet peri-

KOREAN, PAGE A3

Campus garden in the works

By Hope Roberts

Sacramento State President Alexander Gonzalez discussed plans with the Urban Agriculture Club for an on campus, one-acre garden that would also create a food pantry.

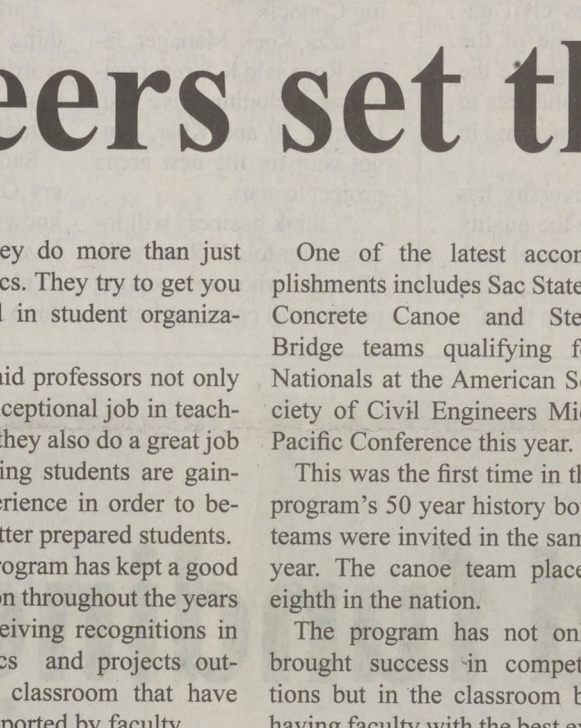
The garden will be student-led and was discussed at the Associated Students Inc. meeting on Sept. 11.

ASI President Nielsen M. Gabriel said he is excited to see the student garden plans come into fruition.

"One of my main focuses is the community garden because it's another project students can personally see," Gabriel said.

John Ramos, president of the Urban Agriculture Club, is an advocate for the garden and hopes an on-campus garden may help tell the story of how students

GARDEN, PAGE A3



WENDY DIAZ - STATE HORNET

ASI President Nielsen Gabriel gives his State of the Student speech on Thursday at the Sierra Plaza.

Master plan to transform campus

By Kathleen Pizzo

Sacramento State's Master Plan Task Force began a series of public forums Sept. 17 to discuss the development of the campus over the next 15 to 20 years.

The forum presented multiple concepts for the future of Sac State's campus including academic and recreational facilities and solutions to problems like traffic flow and parking.

The task force introduced concepts and ideas as well as received input and feedback from the campus community. The development will be funded in part by the state, student tuition and donations designed to sustain improved areas years after completion.

It includes campus representatives as well as local industry partners such as A.C. Martin and Partners, the architectural firm contracted to the job.

Richard Thompson, director of urban design at A.C. Martin, said one of the goals of the new master plan will be to upgrade academic buildings and accommodate future growth. In order to gain the open space necessary to do so, buildings will need to be removed.

The campus' oldest buildings – Alpine, Brighton and Calaveras Halls – were described by Thompson as beyond usable life and are now candidates for replacement.

Thompson said any plan to remodel or replace the buildings would be difficult because of the large number of classes held in the buildings each year.

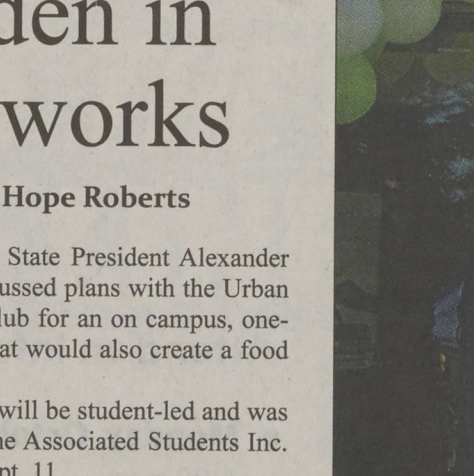
"You've got to replace them

MASTER PLAN, PAGE A3

INSIDE



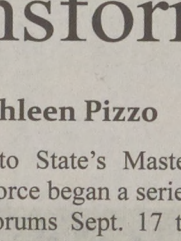
COMMUNITY: Alumnus raises money with ceramics A4



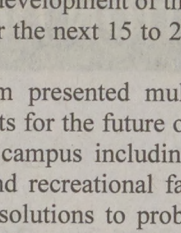
ARTS: The State Hornet picks out some music B4



SPORTS: Hornets lose heartbreaker against Southern Utah B2



OPINION: Minimum wage hike is a positive A6



ARTS: Co-ed frat hosts concert B4

ENGINEERING: Students in the engineering program sought after in the workforce

Continued, A1

CEEd, targets new civil engineering faculty and introduces them to the fundamentals of teaching. It addresses learning objectives, teaching with technology, communication skills and classroom assessment techniques.

Civil engineering professor Saad Merayyan attended the seminar and said there is so much to learn about how to keep students interacted and interested in the subject matter.

"You think you know how to teach and have the skills for teaching, but they open up your eyes to so many things you haven't thought of or actually considered," Merayyan said.

Matthew Salveson, professor and graduate coordinator for the department of civil engineering, has helped in the seminar by sharing effective teaching techniques across the country in the ExCEEd program. He once attended the workshop, but now serves as a mentor.

Salveson also leads workshops for part-time faculty during the summer and teaches them some of the methods.

He said his students have complex ways in learning, and tailors as much as he can within each lecture to fit their style of learning. Some of his methods include using photographs, sketches and physical models in his classes allowing students to interact.

"There are students who tend to understand things through a more global standpoint," Salveson said. "They want to see the bigger picture then get into the smaller details. Then there are other people who want to understand all the little details first, then move on into the big picture."

Two of the methods faculty on taught in the ExCEEd seminar are to always have objectives and to use a lot of color.

Professors use color when teaching on the board. Each segment of the board has a color to accentuate major headings and points of emphasis. It's a systematic approach to use five colors in order for students to match colors with what they are learning.

"There's a hierarchal system in how I apply colors so it emphasizes to students," said Eugene Dammel, professor in the department of civil engineering. " If I circle something with green chalk, that emphasizes to students that will be on the test."

The civil engineering program also focuses on project based learning. Since engineering is about designing, faculty ensures students participate in hands-on learning.

Wright said he believes he will be well prepared to go forward into the professional field because of the project based courses.

"In our last semester before obtaining a bachelor's degree, civil engineering majors have a capstone course," Wright said. "In it, civil engineering majors are broken into teams, given a real world type project and have to work toward completing it just like we would in the real world in an engineering firm."

The civil engineering program currently has 776 undergraduate and 102 graduate students with 120 graduating students this semester.

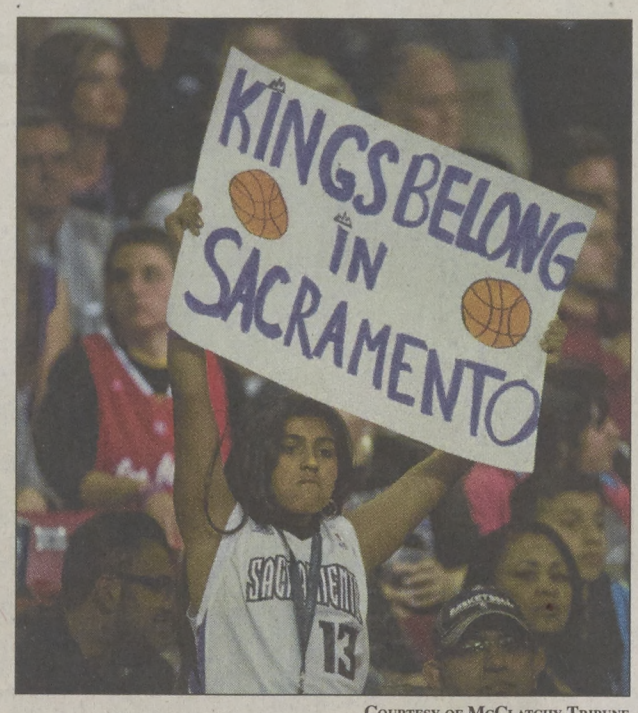
Although, there is not a precise number on employment rates of former students, Merrayan said many of the program's graduates are wanted for employment. Many are hired by government agencies, privates sectors, the California Department of Transportation and the California Department of Water and Resources.

Dammel said he believes civil engineering continues to be one of the best programs in the west because the faculty knows how to teach students to become successful in academics and in the professional field.

"The department and university has been very fortunate to have the quality of faculty we have here," Dammel said. "We have been able to attract excellent faculty and I hope we can keep them".

BILLS: Arena promises new jobs and a better enconomy

Continued, A1



Courtesy of McClatchy Tribune

"That's just the arena project itself; the planned surrounding development of 1.5 million square feet in mixed-use residential will generate even more jobs. As this revitalizes downtown and the region, generating billions of dollars in economic activity over future years, the stimulus to business creates even more employment opportunity."

The new arena would create 3,600 new construction jobs and retain 600 permanent jobs from Sleep Train Arena – the Kings current facility. Additionally, the new arena would need to fill 200 positions. It would also provide the indirect benefits of revitalizing downtown plaza and surrounding areas, according to a fact sheet from Steinberg's office.

The fact sheet also said the arena would replace the environmentally-inefficient, suburban and outdated Sleep Train Arena. Unlike the current 25-year-old arena, the new downtown facility would be required to meet at least a Leadership in Energy and Environmental Design silver standard, similar to the Midtown eatery Hot Italian that was awarded the LEED Silver Certification by the United States Green Building Council.

Pizza Rock Manager Jason Rose said K Street businesses including Dive Bar, District 30 and Kbar, cannot wait for the new arena project to start.

"I think business will increase tenfold," Rose said. "People who are parking nearby will come eat before an event and probably after, too. It will be awesome."

Rose said the area could be more upscale and less vacant, however, he raised concerns over parking.

"It'll be hard to park," Rose said. "The street will be packed before and after a game. It'll be like it used to, like, when there was Thursday Night Market – it'll be better for this street."

But some disagree.

Business owner Jonathan Hersha runs the smoke shop, Old Sacramento Seegars.

"I think it will create a traffic nightmare downtown," Hersha said.

Parking is not the only thing Sacramentans are worried about as plans move forward on the sports complex.

Sacramento Taxpayers Opposed to Pork, also known as STOP, is currently engaged in a campaign to place an initiative on the June 2014 ballot that would restrict the city from using public funds for the development or construction of an arena without approval by a simple majority of voters.

Political consultant Brandon Powers, an Orange County resident, led the effort to gather signatures to create the ballot initiative. Powers took $100,000 from Seattle hedge fund manager Chris Hansen, who is someone known got high-risk investments with borrowed money.

Powers used Hansen's money to circulate petitions to stop the arena project and put Sacramento in jeopardy of losing the Kings, according to a STOP announcement.

"The Kings franchise isn't just an asset for the Sacramento region, but an asset for the entire state." Hedlund said. "We've fought hard against out-of-state interests trying to take the Kings, and the battle is far from over."

Earlier this year, Hansen was rimming the prospect of harboring the Kings in Seattle. In June, one month after the NBA board of governors denied him the right to buy the Kings, Hansen donated the money to an Orange County Political Action Committee, which then set out to persuade Sacramento residents to sign a petition for a referendum on building the arena.

In August, after the Fair Political Practices Commission forced disclosure of the list of investors who paid to gather the signatures. Hansen denied giving Powers permission and requested he not follow through on the initiative process and hand the signed petitions to election officials.

"[Hansen] thought he would get away with it. He can he get in big trouble for what he did, but is there any recourse?" political consultant Steve Maviglio said.

Maviglio said Steinberg has already condemned this. Getting signatures for ballot initiatives has been taken over by corporate and big business interests, he said.

Hedlund said Sacramento has to move forward with a new arena, a condition made clear by the NBA. In fact, the project has to be completed in just three years, September 2016.

Missing the deadline could mean losing the Kings.

"This issue and this project have never been solely about basketball and the Kings," Hedlund said. "It's about huge private investment creating an economic catalyst to revitalize the downtown of the state's Capital City and to help fuel economic growth for the entire region."

Need funding for your special project?

Apply Now!

APPLICATION DEADLINE: OCTOBER 18, 2013

Under its 2013 – 2014 Campus Grant Program, University Enterprises, Inc. has allocated $40,000 for projects promoting teaching, research, and campus engagement. This funding is available for Sac State students, faculty, and staff projects.

For more information and how to apply, visit **www.enterprises.csus.edu/campusgrantprogram** or call Ann Carlson at (916) 278-6025 or email annc@uei.csus.edu.

Attend an Information Session

- **Monday, October 7**
  4:00 p.m.
  Faculty and Staff Focus
- **Tuesday, October 8**
  3:00 p.m.
  Student Focus

Reserve your space now!

Call Ann Carlson at (916) 278-6025 or email annc@uei.csus.edu.

University Enterprises, Inc.
SACRAMENTO STATE

www.enterprises.csus.edu/campusgrantprogram

MASTER PLAN: More on-campus housing planned



SARAH LANG - STATE HORNET

Sacramento State has plans to make renovations to old buildings in an attempt to revamp the school's overall appearance.

Continued, A1

before you take them away," Thompson said.

Once removed, another way to generate space for any new academic facility, on-campus housing or parking structure, would be to add more levels within each building in order to hold more classrooms or parking spaces.

Although one of the goals is to push towards alternative transportation, including public transit, a parking structure is being considered to replace some of the lots and save space.

"A vision we have is to push away from a commuter campus and create a vibrant campus life," said John Pawlak, a planner and urban designer at A.C. Martin.

Pawlak also said doing this would be a way to stay environmentally friendly as well as solve some of the congestion issues.

To do so, Thompson said additional on-campus housing will be on the agenda for the next 20 years, meaning the current 1,600 beds will eventually be raised to about 3,000. Not only would more on-campus housing effect the traffic flow, but it would create more parking for those who drive to class.

Some of the concepts designed by the task force include parking structures located near campus entrances to avoid long lines of cars and additional entrances to the campus.

Another vision is to create a more eco-friendly environment and improved landscaping. Also being considered are recycling programs, solar panels and storm drains that effectively use water before putting it back in the river.

Though there are many ideas and possibilities for the long-term development on campus, the goals and visions have not been ranked in order of importance.

"None of this is anything but ideas to get a feel from the [Sac State] community," Thompson said.

The first of the forums was designed to present data and analysis while discussing the information Sac State Community. In October, another forum will be held to present design concepts that will also include feedback from the community. In December, a final forum will be held to present the final master plan.

GARDEN: Students learn about nutrition

Continued, A1

can acquire food by familiarizing people with agricultural production.

Not only could a garden serve as an educational opportunity for growing plants and vegetables, but Ramos also said it could be an excellent platform for extending nutritional information to students.

"After reviewing diet analyses with many students who live in the Residence Halls it seemed so necessary that agriculture become an on-campus event, not just something you buy from the grocery store," Ramos said.

Ramos initially wanted to start a fruit and vegetable garden two years ago, but the project gained little support or interest from students.

"I thought it would be a great idea for the Residence Halls but due to a lack of interest, the idea was postponed until recently when I connected with members of the President's Sustainability Steering committee," Ramos said.

With the current student garden he hopes to create, Ramos said he wants to implement plans promoting diversity by growing herbs, such as rosemary and sage, as well as fruits and vegetables.

This diversity is encouraged by other Agriculture Club members.

Darlene Weiss, a co-founder of the Agriculture Club, also brought to ASI's attention the need for a garden at the Sept. 11 meeting.

"I feel this is a very important, missed out opportunity for Sacramento State," Weiss said. "There is a call for action, most of Sacramento's commerce is dependent upon agriculture itself."

UC Davis has seen success with both a student and children's garden program, and Sacramento is home to the largest 'Certified Farmers' Market' in California.

According to Farm to Fork Capital, 70 percent of the Sacramento region is agricultural, forest or other open space, and the city is also the largest agricultural producer in the United States.

Location of the Sacramento State student garden has yet to be determined, but Gabriel said the Guy West Bridge may be a possible place to host the garden.

"It would be very nice scenery," Gabriel said. "Water is widely available, but I'm open to seeing where the University Facilities Services is willing to help accommodate the garden and what we can get."

John Ramos also feels that the Guy West Bridge Memorial Plaza is a major contender for the location of the the student garden and that planting seeds in January or February would be wise for successful crops.

KOREAN: Asian studies plans for the new concentration in spring 2014

Continued, A1

odically with the aim to develop Korean courses.

There are currently 50 Asian studies majors with declared Japanese, Chinese, south and Southeast Asia concentrations.

Pattaratorn Chirapravati, director of the Asian studies program, said she already signed up three students for the Korean studies concentration.

There is also a Korean language course already being offered at Sac State for the first time this fall.

Chirapravati said she was surprised to see the Korean language course fill up within a day and half of being offered.

She said as of now only four Korean language courses have been approved. Another six courses will be sent to the curriculum committee in three different colleges next month.

All the courses have to be approved by the end of the fall semester.

The courses will include Art of Korea, Kang on Typography, Korean Identity, Korean Pop Culture, Education and Communications and Calligraphy and Typology.

Since Asian studies is only a program, they will have Korean courses offered by different departments.

Some include the department of foreign language, department of family and consumer sciences, department of art and department of psychology.

Kim-Ju said there are other professors from different departments who have expressed an interest in teaching for the Korean concentration, but are waiting to develop a course.

Since many students may not be aware of the new concentration, the Asian studies program will begin to promote it.

Next month, they will have a research professor from Korea University and an anthropology lecturer to speak about current Korean issues.

They will also host an event next month where they will expose Korean culture through food, music and dance performances.

Some Asian studies students are excited to hear about the new concentration.

Senior Jennifer Taylor, 40, Asian studies, said if the Korean concentration was offered when she first started, she would have chosen that instead of the Chinese concentration.

"It's disappointing for those graduating because it would have been nice to take a course in that area," Taylor said.

Peter Norton, 25, Asian studies, said he's glad the Korean concentration was designed because Korea is prominent.

"Korea has played such an important role in the history of Asia," Norton said. "It played a relationship with three other important Asian cultures."

Kim-Ju said he believes now is the perfect timing for the Korean concentration.

"I think this will be a nice addition to the Asian studies program," Kim-Ju said. "It fills a need driven by the students and also a representation and the direction Asian studies is going".

Regional Transit

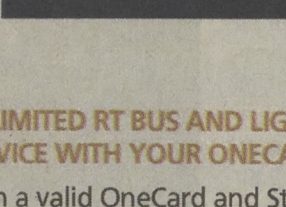
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UNLIMITED RT BUS AND LIGHT RAIL SERVICE WITH YOUR ONECARD:

With a valid OneCard and Student Commuter Sleeve, Sac State students can ride Sacramento Regional Transit District (RT) buses and light rail trains all semester at no extra cost (it's already covered through registration fees)!

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Post Secret U

HOPE

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Revealed

CALL for ENTRIES!

Post Secret U: HOPE Revealed

California State University, Sacramento
The 2nd Floor Balcony of The Well

Tuesday, October 8, 2013
4:00pm-7:00pm

Open to ALL Artists!
Submit Digital Entries
via E-mail to SHAC@csus.edu
by Saturday, October 5th

For More Info.

Include With Each Entry:
- Title of the work
- Artist name/address
- Size and medium
- Artist statement

The American Foundation for Suicide Prevention, Student Health and Counseling Services' Garrett Lee Smith Grant and the Student Health Advisory Committee at Sac State presents Post Secret U: HOPE Revealed! This collaborative effort is in support of two campaigns, HOPE and Post Secret U at Sac State to create a stigma-free campus community by promoting awareness of mental health resources and encouraging help seeking behavior among students.

We are seeking creative art in any media format which exemplifies the exhibit title and the mission of HOPE, Holding On To Positive Emotions. Sac State students, faculty, students from other schools, and members of the community are invited to submit as many pieces as they like for the exhibit.

American Foundation for Suicide Prevention · activeminds Sacramento State · SHAC Student Health Advisory Committee

Student Health Advisory Committee
tel: (916) 278-5422 • web: shcsacstate.org • E-mail: SHAC@csus.edu

1. Chocolate Fish Coffee

Location: Corner of 3rd and Q streets

Hours: Monday - Friday 6:30 a.m. - 4 p.m.

Chocolate Fish Coffee is a small coffee shop with a unique name and aromatic coffee that can wake up anyone's day. With beans from many countries such as Rwanda, Costa Rica and Ethiopia, the New Zealand-style coffee house gives coffee lovers numerous choices of brew.

The coffee shop has also opened another location in East Sacramento for those who are unable to venture into their original downtown location.

2. The Naked Lounge

Location: 1500 Q St.

Hours: Daily 6:30 a.m. - 11 p.m.

This comfy coffee house offers unique drinks for customers who are looking to relax and wind down from a long day of work. With three locations in East Sacramento, Midtown and Downtown,

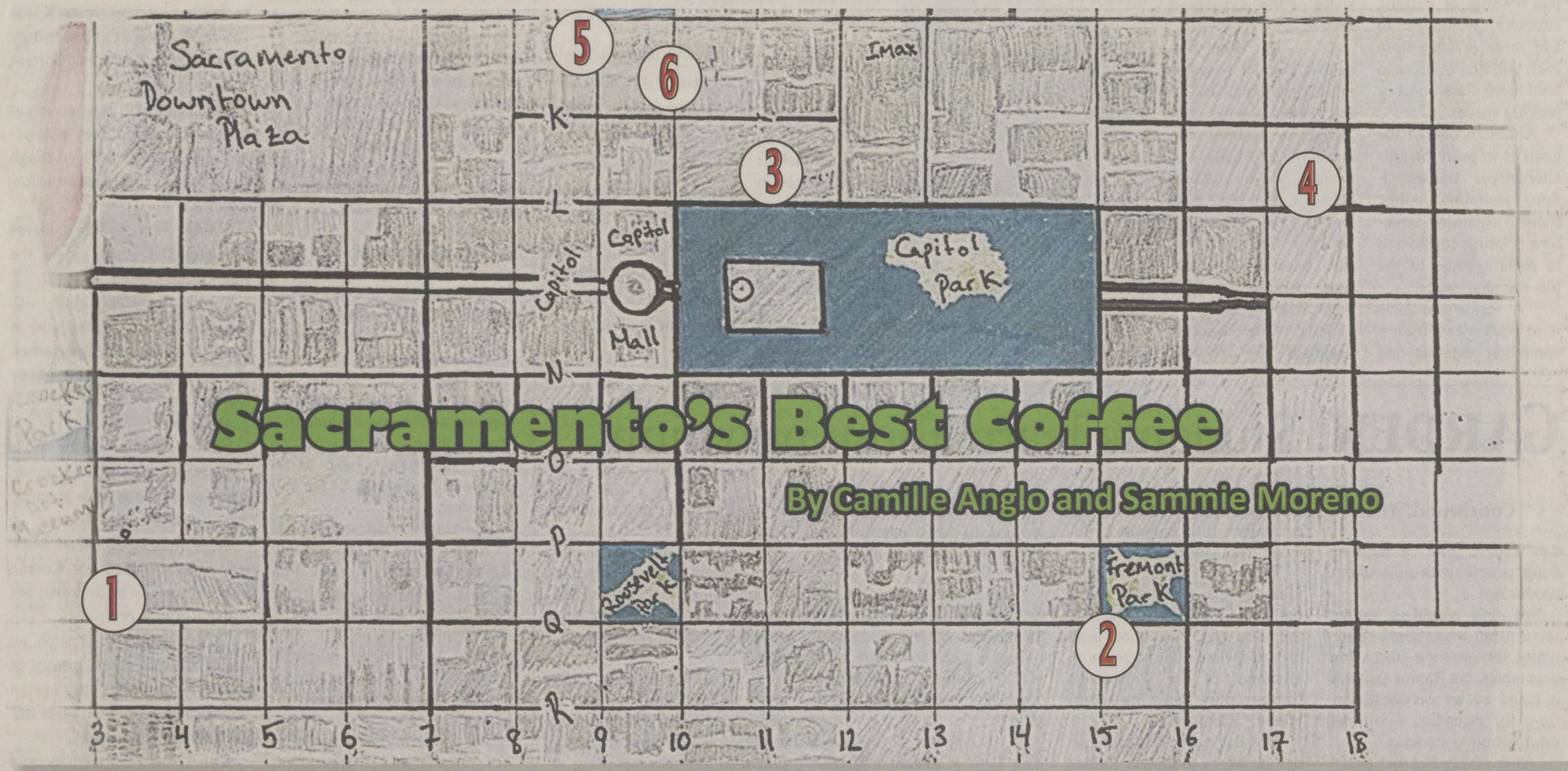
The Naked Lounge offers blissful drinks such as Bowl of Soul, which is made from soy milk, honey, chamomile tea and ibarra chocolate. For more classic fare, the cappuccino is a good choice for coffee lovers.

3. Chicory Coffee

Location: 1131 11th St

Hours: Monday - Friday 7 a.m. - 5 p.m.

Chicory Coffee offers locals and state workers a place to grab a cup of coffee by the State Capitol. The coffee shop gives people a great place for a cup of espresso and people watching on their patio. Not only does Chicory Coffee offer aromatic coffee for locals, but they serve sweet pastries, such as raspberry scones, delivered every morning from Freeport Bakery. The coffee shop also serve savory soups like vegan lentil soup for customers looking to have a small meal with their coffee.



Sacramento's Best Coffee

By Camille Anglo and Sammie Moreno

Illustration by Andrew Vasquez & Margaret FairAmitani - State Hornet

4. Old Soul Co./The Alley

Location: 1716 L Street

Hours: Daily 6 a.m to 7 p.m

Review: Old Soul Co. brings many downtown business and state workers throughout early mornings and welcomes in many students and families throughout the day.

The Alley, the patio area of Old Soul Co. is tucked in the back of an alley giving the place a very quiet and chill atmosphere.

Old Soul Co. originally started off as a wholesale business, then grew into selling food and roasted coffee to other restaurants and cafes throughout Sacramento. The company travels all over the world to find the best coffee beans and currently focusing on Africa. Old Soul does direct sourcing and personally knows all of the farmers they get their coffee beans from.

Barista Charlotte Enzeres said she recommends their Americano and mochas, two of their top sellers at Old Soul.

"I'd definitely recommend our mocha to anyone who has never been here before," Enzeres said. "It's made in-house with Ghirardelli and Ginger Elizabeth chocolates."

5. Temple Coffee

Location: 1010 9th Street

Hours: Daily 6 a.m to 11 p.m.

Temple Coffee and Tea offers a wide section of coffee blends and is roasted daily on-site. The coffee shop, which ranked in the top six of the best roasters on the food website The Daily Meal, recommends their Brazil Fazenda Santo Antonio coffee. The drink features milk chocolate with light citrus and nutty aromas and flavors. For customers looking for a more classic take on coffee, the French presses are also a popular selection with regulars.

Nursing student Ivan Chatilov, 25, said he is fond of the selection at Temple Coffee because he can get drinks that are not available anywhere else.

"I usually try out their brews and I think they have two of their own personal drinks that the baristas created and they're pretty unique combinations," Chatilov said. "They're pretty sweet and minty and [the baristas] use honey sweeteners instead of sugar."

6. Broadacre Coffee

Location: 1014 10th Street

Hours: Daily 7 a.m. to 11 p.m.

Broadacre Coffee attracts many business workers through the day since it's located in the heart of downtown. During its later hours, people come in to hang out, relax and study.

Opened in fall 2011 by two brothers from Auburn, Calif., the coffee shop has a brightly lit interior with minimal wallpaper, which makes it a spacious place to have a cup of freshly brewed espresso or tea after a long day.

Broadacre Coffee offers coffee from local roasters, such as Verve Coffee and Insight Coffee Roasters.

The coffee shop has a variety of coffee roasters, but Broadacre Coffee's array of lattes are even a bigger hit.

Barista Nicholas Hann said the lattes at Broadacre Coffee is one of their most popular drinks because of the unique flavors.

"The Lavender latte is one of my favorite drinks," Hann said. "It is made from real lavender extract and ginger syrup."

Alumnus creates, sells 1,000 bowls

By Camille Anglo

With his love for clay, Sacramento State fine arts alumnus and local artist Chris Thompson has almost completed with his biggest art piece to date – 1,000 Bowls to Feed the Hungry.

Thompson, 52, said the project has amassed 1,050 bowls and grossed about $12,000 that will be donated to Loaves and Fishes, Senior Gleaners and Meals on Wheels, which are all local charities that feed the needy.

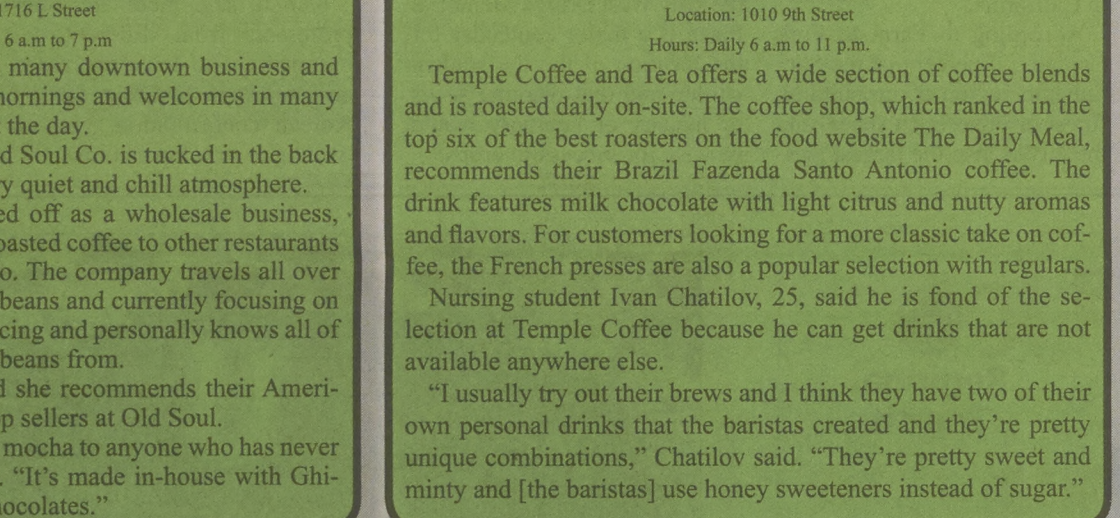
Thompson started the project started when threw, or shaped, the first bowl in November 2011 and took the last bowl out of the kiln in June, completing the grand collaboration among him and 600 other artists.

"It's been almost a 'we' project and not a 'me' project," Thompson said. "It's definitely been the community coming together and making the art piece."

Thompson said he threw a total of 1,250 bowls with each piece representing six and a half hours of his life due to the numerous steps to obtain the final product.

As he went through the process of throwing his bowls, Thompson said it changed his perspective because it added depth and complexity to his understanding of the form.

"I started really looking at all the fine details of a bowl," Thompson said. "How the inside curved matches the outside curve, how the dome of the underneath where the foot is, where the optimal place to sign a bowl is or if I should sign my work at all. It's just a lot of questions that really started coming up at 1,000 bowls. By the time 1,250 bowls were done, it was like 'Alright, time to move on to another form.'"



Logan Smith - State Hornet

Chris Thompson has worked for almost two years to make more than 1,000 bowls. The proceeds from selling them will go to charity.

Thompson said as he took on the project, he hoped to inspire other artists to do the same by using their talents to give back to the community.

"What my hopes were for the project to be a success was make some bowls, sell some bowls and then hopefully inspire other artists to do the same," Thompson said. "If you really wanted to do something similar you can run something concurrent to something (that) puts food in your belly and a roof over your head and it might take a couple of years, but in a couple of years, you'd have a substantial piece that you could donate and it could do good."



Logan Smith - State Hornet

Thompson works with the clay making sure it's durable.

Although Thompson has garnered praise for both his art work in ceramics and his 1,000 Bowls to Feed the Hungry project, he said the choice make a career out of working with clay came later in his life.

Thompson worked with clay up until his early adulthood when he started studying business and much to his success, he became the CEO of his own corporation, CJ's Computer Enterprises.

With his success and a failed marriage in his 40s, he grew disillusioned of his life in the business.

"In the business world, it's all about take-take-take on your way to the top and dog-eat-dog and I became good at what I did," Thompson said. "I became

Ceramics, page A5

INK Eats and Drinks celebrates 10 years

By Sammie Moreno

The Midtown American bistro featuring house-made dishes and thirst quenching cocktails,INK Eats and Drinks, is celebrating its 10-year anniversary.

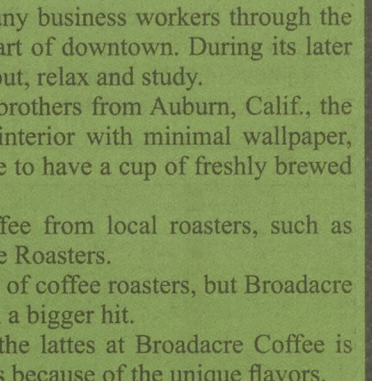
Bar manager Christina Arntson, who has worked at INK for five years, said the restaurant on N and 28th streets is a favorite among locals because of its friendly staff.

"It's like the show Cheers, everyone wants to know your name," Arntson said. "It's such an easy thing to do and people really appreciate it."

Owner Chris Nestor came up with the name INK when he envisioned his restaurant with an aesthetic tattoo-styled theme filled with original and classic artwork. Nestor enlisted the help of local tattoo artists from Forever Tattoo, Eiland Hogan and Brent Patten, and other Sacramento artist to create original artwork to display all over the ceiling of the restaurant.

David Garibaldi is a performance painter who finished as a the top-five contestant on the seventh season of "America's Got Talent." Garibaldi has some of his work on display at INK, which includes a large mural piece.

INK's unique daily specials like Weird Wednesday trivia night and Tattoo Tuesday help set the bistro apart from other eateries in the area.Tattoo Tuesday offers $3 drink specials to inked up customers from 8 p.m. to close – if they are willing show some skin.



Kristi LaDuca - State Hornet

INK's staff will gladly serve you any of their rockin' drinks or any of their delicous comfort foods.

Even with the midweek specials, INK's Friday happy hour and Sunday brunch are a big draw for the restaurant.

While most places are closing down, INK pulls in an afterhours crowd complete with a DJ, which completes the afterparty setting.

The bistro's general manager, and former bartender, Nancy Martis said the combination of food and music always makes for a good crowd.

"It's nice because people can have a place to come enjoy good music and good food," Martis said. "It's still continuing that club-ish atmosphere after the clubs have closed."

Martis and Arntson said they

INK, page A5

CERAMICS: Thompson raises $12,000 for charity

Continued, A4

a shark among sharks and I kind of got tired of that 'Give me' lifestyle and paradigm."

It was not until he returned to school and took a ceramics class that he realized working with clay was something he wanted to do.

"It's these personal choices that we make to ourselves that matter most in our lives when we try to decide what we want to do with our lives," Thompson said. "Certainly, the sooner we can make those choices, the better, but it's never too late to make those choices. I was brave enough to want to start all over again."

Now that Thompson is becoming known in the Sacramento art community, he has culminated acclaim from many gallery owners for his work with 1,000 Bowls to Feed the Hungry.

Carol Brewer, owner of Blue Moon Gallery, said she admires Thompson not only for the work that he has accomplished, but the genius quality his work has.

"I met him so long ago and it has to almost be seven years ago," said Brewer, who has been a close friend of Thompson for more than six years. "His work then had such beautiful glazes and integrity and it had a lot of character too. His ideas were interesting and he could really do glazing. I think he's the king of glaze and it's not an easy thing to do."

Brewer said the work for 1,000 Bowls to Feed the Hungry became a huge part of Thompson's life, he persisted and kept throwing.

"I think the bowl idea really clicked with me," Brewer said. "I found it to be a difficult task to undertake, but knowing him, he would do it and he wouldn't stop even if it cost him his health. He was determined and persistent and dedicated."

Colleen Adamson, the owner of Adamson Gallery, said it was a magnificent project, which did good for the society, but managed to bring the art community together.

"With 1,000 Bowls to Feed the Hungry, I think it was a huge project and a huge undertaking and he did an amazing job with little help from others," Adamson said. "It was such a great project that it brought so many people in the community together to raise money for a great cause."

Thompson said he is grateful for the community coming together to help collaborate with the project because he can't imagine what it would have been like without the help he received.

"I can't be thankful enough for the reaching out and the 'we' aspect of the art piece," Thompson said. "It wasn't me and me alone. I might have come up with the idea, but without all the support and all the friends and all the gallery owners and all the publicity all the people buying the bowls – none of this could have happened."

At the end of the day his project has benefitted many people in the grand scheme of things.

"I like part of my practice being charity practice," Thompson said. "It feeds my soul and it makes me happy to do good. It's great for my self-esteem as an artist because artists go through periods of self-doubt, but it gives me a sense of 'My art matters.'"



LOGAN SMITH - STATE HORNET

Thompson has his Masters in ceramics and strives to be an artist that gives back to the community.

INK: Bistro features late-night food

Continued, A4

know customers who frequent the restaurant two to three times a week for lunch because they enjoy the food, drink and the company INK has to offer.

Senior Sociology major Maxwell Garrigan, 21, said he enjoys visiting INK during its late hours.

"INK is the best place to get late-night food after the bars close," Garrigan said. "The food is so good, you won't be disappointed."

Martis said The vibe at INK is fun, energetic and friendly. Guests could walk in and sit at the bar not knowing a single person and walk out the restaurant with a new friend.

Sacramento State organizational communications alumnus Donald Dealie has been living downtown for more than three years and cannot find a place that tops INK's food and atmosphere.

"The urban design and modern music fills the place with all of the interesting people Sacramento has to offer," Dealie said. "From tattoo artists to business people alike, you never know who you will enjoy a delicious meal next to."

The staff at INK is very friendly and remembers regulars by name and what they order – it is all a part of the personal connections and building friendships with the new customers.

INK offers delicious American-style dishes, such as a pan seared salmon BLT, roasted turkey dip, or shredded pork sandwich.

Martis said her favorite and most ordered sandwich is the mouth-waterin meatloaf made from scratch with cheddar & crispy onions on grilled parmesan bread.

"Our food is really good, comforting and inexpensive, but I think one of our greatest attributes is our staff," Martis said.

Because tasty sandwiches and comfort food are a staple, INK also hosts a monthly five-course food and drink tasting event every second Wednesday of the month from 6 to 8 p.m. The event will showcase INK's cider cocktail tasting in October, which tickets are being sold for $30 in advance and $35 at the door.

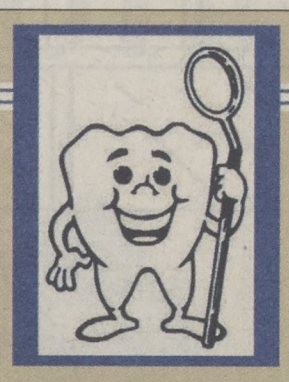
The Porn Star and Tramp Stamp are two drinks that have become tradition on INK bar menu.

The oldest and most popular drink is the Porn Star cocktail, which consists of Grey Goose pear vodka, pear nectar & simple syrup.

The Tramp Stamp is like a coconut Cosmo without the vodka, consisting Captain Morgan Parrot Bay coconut rum, cranberry juice, fresh lime juice & triple sec.

Arntson said the restaurant likes to create a positive vibe by working with a great staff.

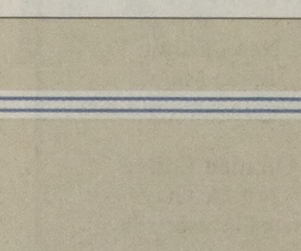
"We do try to keep a great staff surrounding us," Arntson said. "We're like a family here and everyone takes care of each other."



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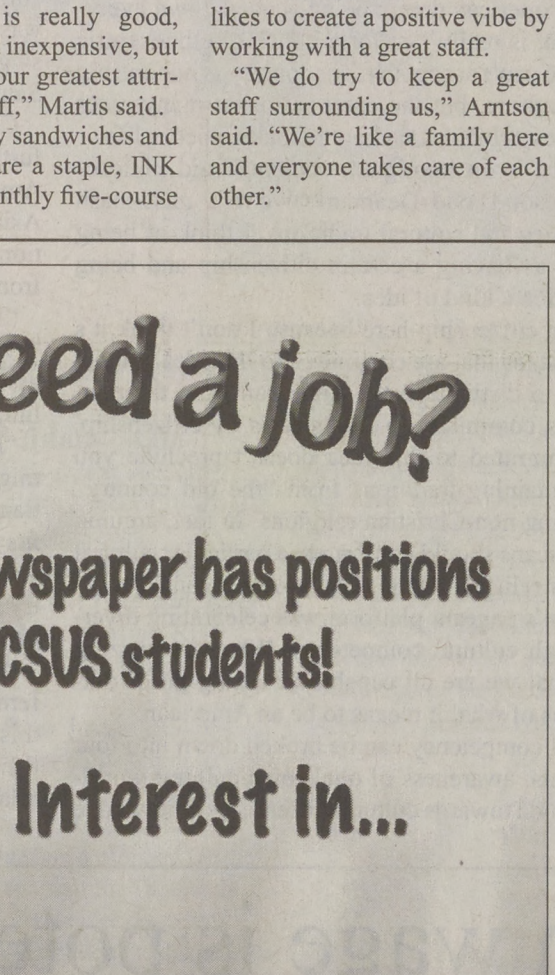


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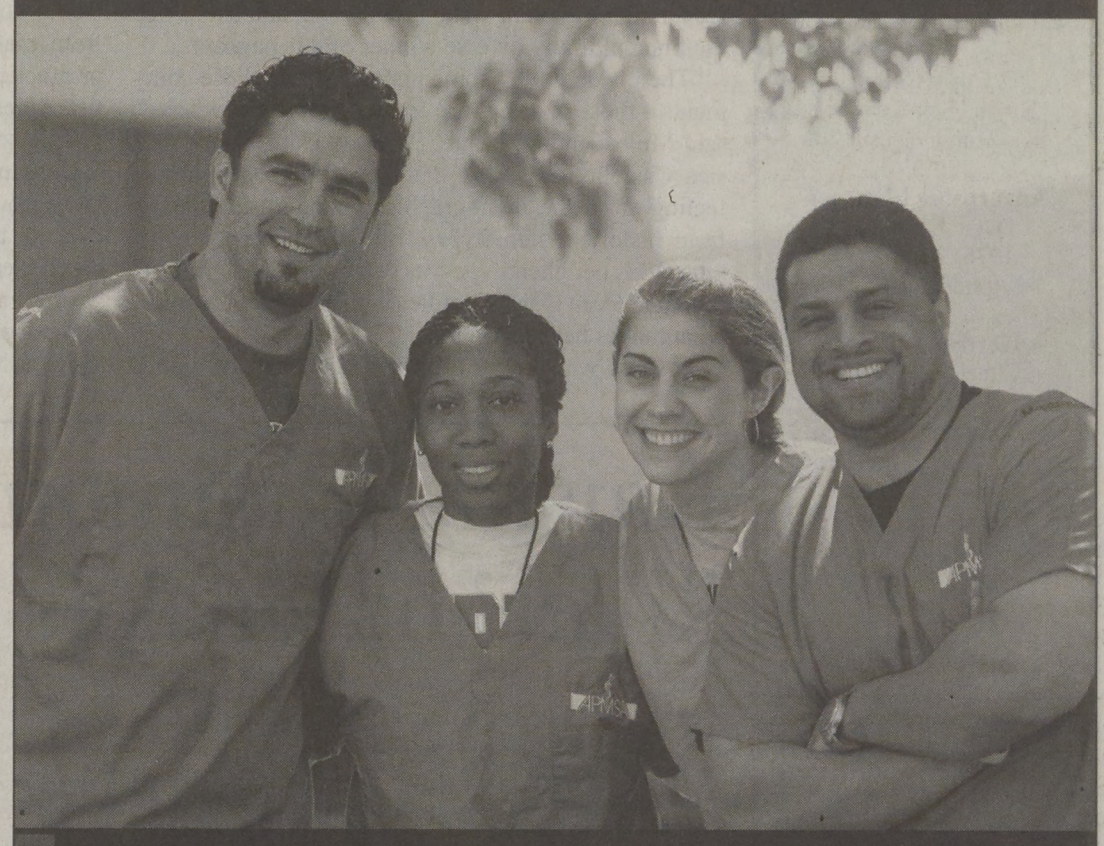


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Miss America pageant exposes the bigotry behind Twitter users

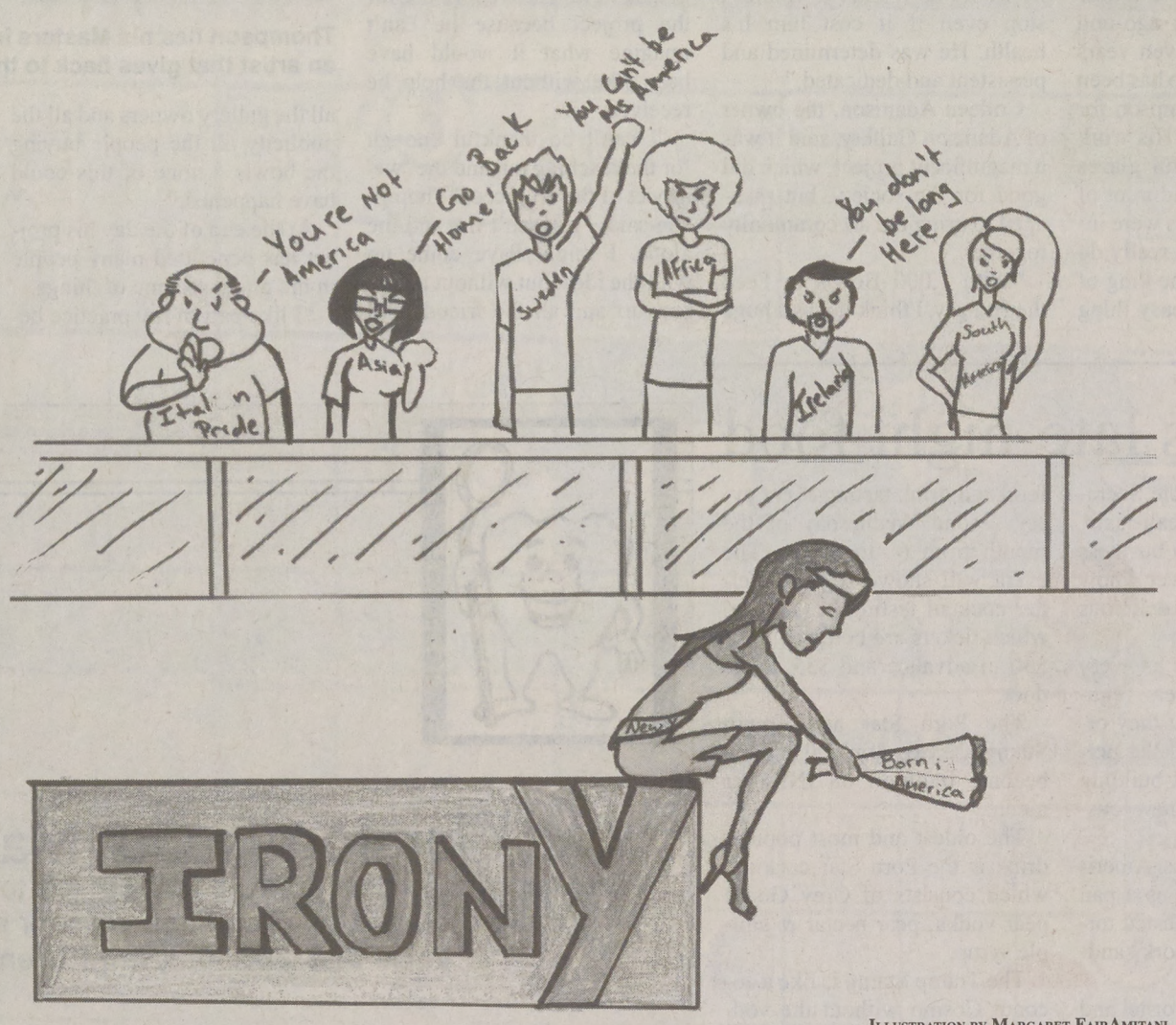


Illustration by Margaret FairAmitani

By Natalie Gray

Although we live in the land of the free, home of the brave, America is still fearing what we don't understand.

Twitter exploded last week with tweets from ignorant people making appalling comments regarding Nina Davuluri, the first contestant of East Indian heritage to become Miss America.

This shows racism isn't dead in America.

Twitter feeds filled with comments like: "And the Arab wins Miss America. Classic" ,"This is America. Not India", "9/11 was 4 days ago and she gets miss America?", "Miss America right now or miss Al Qaeda?" and "More like Miss Terrorist #MissAmerica."

The people who wrote these comments fail to realize a rather big point – she is American and she is not the first culturally diverse winner of this pageant.

"There's definitely some history behind those comments – those opinions are coming from somewhere," said Multi-Cultural Center Program Coordinator Jessica Castellon. "I think that the anxiety people are feeling from the demographics changing is coming from historical stereotypes. But coming specifically after 9/11, her phenotype was demonized and grouped together. Even if she identifies with a different culture, what makes her un-American?"

America was not built on the hard work of white, blonde hair and blue eyed patriots. It was built on the slavery and exploitation of Native Americans and descendants from northeast Asia.

So this American dream being shoved down everyone's throat is really just for a bunch of ethnocentric racists who can't accept that our country is not one big race and culture, but the compilation of many races and cultures, which came here to make a better life.

"America is an immigrant society," said philosophy professor David Denman. "We're a miss-mash of ethnicities and cultural traditions. I think of being American as having a certain citizenship and being committed to a kind of idea.

"I added citizenship here because I don't think it's just Americans that are committed to this idea and the only way to distinguish the American from the non-Americans committed to this idea is by citizenship. Being committed to this idea doesn't preclude you from maintaining traditions from "the old country" or practicing non-Christian religions. In fact, arguing that Americans should conform to a particular cultural practice or religion seems very un-American."

Davuluri's pageant platform was celebrating diversity through cultural competency. What an amazing concept that we are all capable of letting go of outdated ideas of what it means to be an American.

Cultural competency can be broken down into four components: awareness of one's own cultural worldview, attitude towards cultural differences, knowledge of different cultural practices and worldviews and cross-cultural skills.

In other words, it's based on the idea that we can set aside cultural biases and interact effectively to make the world a better place for everyone.

During an interview with Fox News, Davuluri said, "I have always viewed Miss America as the girl next door, but for me the girl next door's evolving as the diversity in America evolves. It's not who she was ten years ago, and she's not going to be the same person ten years down the road."

In a Facebook discussion between a few students and professors, Denman elaborated on the issue in the following dialogue.

Dan Bennahmias: "There's a difference between racism and being proud of your heritage. Obviously the word, 'America,' carries some historical, ethnic connotation to the people mad at the Miss America results. They believe a woman whose veins pump American blood should've won and I kind of agree. Indians didn't find and civilize this land. They might have helped but they have Asian heritage, not American heritage."

David Denman: "Ignoring issues about Native Americans here, the civilizations you're talking about was, initially, a slave and indentured servant based economy. We've always been an immigrant society. That civilization of this land you're talking about was mostly done by immigrants and by taking advantage of Africans, Native Americans and Chinese. So, by your reasoning, we should have a problem here because she's too white."

Unfortunately, this was not the first time social media fanatics used the Internet as a public forum for their racism.

Some examples are when Cheerios aired a commercial with a black dad and white mom and their child, or when the "Hunger Games" character Rue was played by a black actress, or when a latino boy singing the national anthem during an NBA game in San Antonio.

Calling Davuluri an Arab-muslim terrorist, only furthers the incorrect assumption that someone is less American because their ancestors came from Europe, Asia or Africa, etc. The sad thing about this assumption, is the blatant disregard for the fact we all descend from immigrants.

"People attached an identity to her," Castellon said. "They consumed mass amounts of media and made assumptions based on stereotypes by calling her muslim, terrorist, etc.

"If she came out and said 'I am Christian' people might have said oh well she's brown but she's christian so I'm okay with it. They think that if someone fits into the old American ideals and values, they are suddenly validated as a true American. This is a country of immigrants. Every variation, color, religion, gender, class – that's what makes America."

After being crowned, Davuluri spoke at a press conference in Atlantic City where she said, "I'm so happy this organization has embraced diversity. I'm thankful there are children watching at home who can finally relate to a new Miss America."

Raising minimum wage is potential 'job killer' but makes economic sense for CA



By Jaime Carrillo

Gov. Jerry Brown's plan to increase the minimum wage in California to $10 an hour by 2016 is long overdue, despite accusations of doing such a thing will be a "job killer."

On Sept. 15, Assembly Bill 10 swept through the Democrat-controlled California Senate and Assembly. Gov. Brown plans to sign it before the Oct. 13 deadline.

It's happening – that much is certain. The bill will increase the minimum wage to $9 per hour by July 2014, and $10 by 2016.

As of 2011, the Bureau of Labor Statistics estimates roughly 10.4 million qualify as "working poor," which it classifies as any poor person who spent at least 27 weeks in the labor force, but whose incomes still fell below official poverty level. For California, the stats are even worse.

A study by the Campaign for College Opportunity estimates the state has the highest number of working poor families in the U.S. The $2 boost to the current California minimum wage will help ease the economic woes to countless working men and women.

Still, there are some that don't want to see the inevitable happen. Business leaders including the California Chamber of Commerce said the bill will kill jobs.

"It's a feel-good thing – people want the lowest earners to make more money, but it actually accomplishes just the opposite," said Bob Huff, Republican senate minority leader.

I suppose pulling hard-working students, parents and families out of poverty qualifies as "feel-good" as Sen. Huff said, but it also makes great economic sense.

If a family isn't making ends meet on their take-home pay alone, they will have to rely on the community to fill in the gaps in the form of food stamps and state subsidized health care. The working poor's shortfalls will be all of our burden, instead of only employers'.

A surprise to no one, the California Chamber of Commerce included the bill in its yearly "job killers" list. What's missing in the "it will kill jobs" argument, is just what kind of jobs we're losing.

If you pay your workers less than they need to survive then I don't feel bad if your business fails.

If keeping businesses afloat were the No. 1 priority here, then serfdom would still be all the rage. Remember: the minimum wage in the U.S. was first enacted in the midst of a period in our history called, "The Great Depression."

The more we de-value the working poor, the more we lose sight about the importance of a minimum wage.

A study by the National Bureau of Economic Research found the less purchasing power the working poor has, the more it contributes to an increase in income inequality. It makes common sense: if what one earns working full time isn't enough to live on, it makes it nearly impossible to climb out of poverty.

Surely, you remember the "Gordon Gecko" decadence of the late '80s. It was quite a joy ride, for a very select few.

The best news about this AB 10 is that it could help pull millions of Californians out of poverty.

Restaurant Opportunities Centers United, an organization that focuses on racial equality in the restaurant industry, put together a study that found raising the minimum wage to $10.10 an hour would have pulled 58 percent of our nation's working poor out of poverty in 2011.

The current effort may be too little too late, but it's a step in the right direction to help a group who is all but ignored in the national discourse.

President Obama stated that he planned to increase the federal minimum wage to $9 in his State of the Union address this February. He has failed to do so thus far.

President Obama also said, "no one who works full-time should have to live in poverty" and I agree. It's hard to pull yourself up by your bootstraps if you can't afford them because you're only making $8 an hour.

Luna scores first goal of the year in 2-1 loss to USD



Kayla Nick-Kearney - State Hornet

Freshman defensmen Javier Muñoz kicks the ball away from the Hornets goal during a game.

By Clifton Jones

Sacramento State men's soccer (1-3-3) fell to the University of San Diego 2-1 Sunday, in its second consecutive defeat.

Sophomore midfielder Edwin Luna scored his first goal of the season in the 33rd minute of the match.

"It was important for him," Hornets head coach Mike Linenberger said on Luna's goal. "It was kind of weighing on him so getting that first goal will be good for his confidence. Hopefully that will allow him to relax a little bit and just enjoy the game, so I'm very happy for him to get the goal today."

Hornets senior goalkeeper Cesar Castillo felt pressure from the high octane offense of the Toreros as he was able to block the first two shots from San Diego, but he was unable to block the third that ended up past him in the 20th minute.

The goal was scored by USD's forward Eli Galbraith-Knapp when he was able to trap a cross and launch his goal from 15 yards out to give the Toreros the 1-0 lead.

The Hornets bounced back to score its lone goal when junior forward Chimdum Mez led Luna past the last defender as he rifled into the right corner of the goal. Luna's goal tied up the score at 1-1 heading into halftime.

At halftime, Sac State held the advantage in shots over the Toreros 9-6 and had more corner set pieces 3-2.

Despite a couple good chances in the early moments of the second half the Hornets were unable to keep a clean game, when Almog Strikowski was yellow carded in the 70th minute. The set piece from the yellow card ultimately led to

Soccer, page B3

ANOTHER LOSS FOR HORNETS VOLLEYBALL

By Satchi Hover

The woes continued for Sacramento State's volleyball team as they dropped their first two Big Sky Conference matches.

The Hornets fell in five sets (25-15, 25-17, 18-25, 20-25, 12-15) to Eastern Washington (4-8) Thursday, then dropped their match Saturday against Portland State (4-7) in straight sets (20-25, 14-25, 11-25).

The two losses bring the team to 5-8 on the season, including a seven match losing streak. This is the longest losing streak for the squad since 2008 when they lost 12 consecutive matches.

The showdown with Eastern Washington was the opening match of conference play for Sacramento State. The Hornets won the first two sets, but could not stay hot and dropped the next three.

Sophomore outside hitter Allie Schumacher led the way for the Eagles, finishing the night with a line of 24 kills and a .333 hitting percentage.

Freshman outside hitter Morgan Stanley was the top performer for Hornets with 15 kills and a .273 hitting percentage. Sophomore outside hitter Sloan Lovett and senior right-side hitter Kayla Beal each had 14 kills.

Eastern Washington finished the night with a team total of 57 kills and a .188 hitting percentage, while Sacramento State posted 54 kills and a .191 hitting percentage.

Saturday provided more frustration for the Hornets as they were swept in straight sets by Portland State.

Senior outside hitter Aubrey Mitchell led the Vikings to victory with 11 kills and a .400 hitting percentage.

Volleyball, page B3

BIG SKY FOOTBALL IS BACK



By Curtis Manlapig & Ryan Kuhn

Idaho State

Current record: 2-1; 2012 record: 1-10, 0-8 conference
Mascot: Bengals
City: Pocatello, Idaho
Key Players: QB Justin Arias, RB Xavier Finney, WR C. Richmond, LB Mitch Beckstead
Profile: Quarterback Justin Arias has averaged 336 yards per game, completing a team high 26 receptions to wide receiver Cameron Richmond. Running back Xavier Finney has been efficient on the ground already running for 185-yards on 37 attempts. The leader on defense has been linebacker Mitch Beckstead. Beckstead has allotted 26 tackles, two of which were for a loss.

Montana

Current record: 3-0; 2012 record: 5-6, 3-5 conference
Mascot: Grizzlies
City: Missoula, Mont.
Key Players: QB Jordan Johnson, RB Jordan Canada, RB Travon Van, WR Ellis Henderson, DE Zach Wagenmann
Profile: Montana is currently ranked No. 9 in the FCS national rankings. The Grizzlies have outscored their opponents 132-37 in three games led by quarterback Jordan Johnson and standout defensive end Zach Wagenmann. Montana uses a two running back system with running backs Jordan Canada and Travon Van., who have accounted for 444 rushing yards on 77 attempts with five touchdowns. Johnson has been very efficient this season completing 77.1 percent of his passes that accounted for 664 pass yards and eight touchdowns.

Eastern Washington

Current record: 2-1; 2012 record: 11-3, 7-1 conference
Mascot: Eagles
City: Laney, Wash.
Key Players: QB Vernon Adams Jr., WR Ashton Clark, LB Ronnie Hamlin
Profile: Eastern Washington was last season's Big Sky Conference co-champion and lone representative in the FCS playoffs. Currently ranked No. 2 in the FCS, the Eagles began the season with a victory over FBS Pac-12 member, Oregon State. Quarterback Vernon Adams is second in the FCS with 12 passing touchdowns. Linebacker Ronnie Hamlin leads the team with 24 tackles. Hamlin is a candidate for the Buch Buchanan award going to the best FCS defensive player in the country.

Montana State

Current record: 2-2; 2012 record: 11-2, 7-1 conference
Mascot: Bobcats
City: Boseman, Mont.
Key Players: QB DeNarius McGhee, LB Alex Singleton,
Profile: Montana State is the the third ranked FCS team in the country. The Bobcats boast a high-powered offense who will be without quarterback DeNarius McGhee through October. McGhee started 40 straight games for Montana State before suffering a shoulder separation injury against SMU. The defense is led by talented linebacker Alex Singleton. Singleton has had an impressive season, picking off 2 passes, one going for a touchdown. He also has 38 tackles and 1.5 sacks.

Portland State

Current record: 3-1; 2012 Record 3-8, 2-6 conference
Mascot: Vikings
City: Portland
Key Players: RB DJ Adams, DB Dean Faddis, C Mitch Gaulke, RB Shaquille Richard
Profile: The offensive line for Portland State has been their strength this season. Center Mitch Gaulke, an honorable mention All Big Sky player last season anchors the O-Line. The Portland State running game is the strength of this team. Led by running backs DJ Adams and Shaquille Richard, the Vikings have combined for a total of 1,359-yards this season and scoring 16 touchdowns.. Safety Dean Faddis plays all over the field racking up 35 tackles including 1 interception.

Southern Utah

Current record: 3-1; 2012 Record 5-6, 4-4 conference
Mascot: Thunderbirds
City: Cedar City, Utah
Key Players: QB Aaron Cantu, K Colton Cook
Profile: QB Aaron Cantu, who has taken over for last year's second team all Big Sky Conference quarterback Brad Sorenson, has thrown for 5 touchdowns while completing an impressive 69.5 percent of his passes. Preseason All American kicker Colton Cook has hit on 5-6 field goals this season including a game winner against FBS school South

Big sky, page B2

Carter makes brother proud

By Ryan Kuhn

On all six touchdown passes Sacramento State wide receiver DeAndre Carter has caught this season, he has finished the same way. He looked up to the sky.

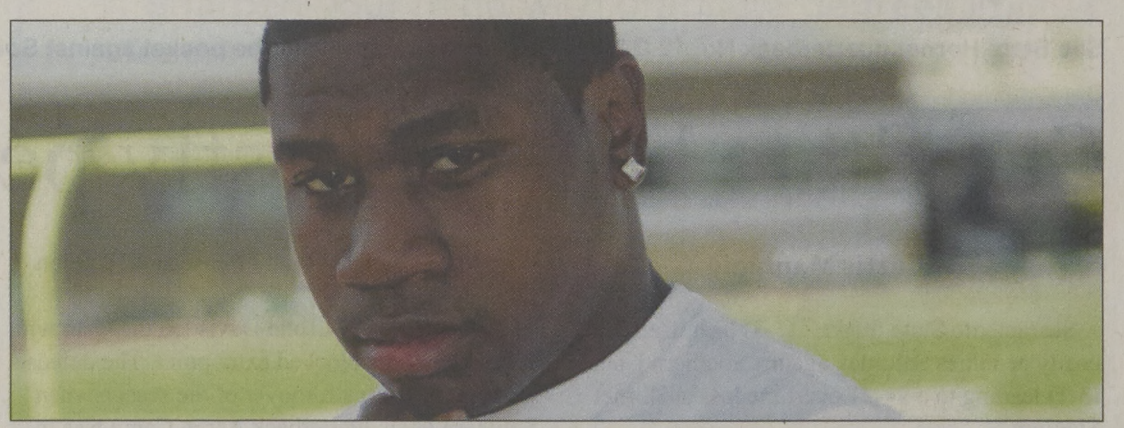
Carter is playing not only for his team and himself, but for Kaylan, his younger brother who died of cardiac arrest.

"I dedicated this season to my brother and I feel like I would let him down if I didn't have a great season," Carter said.

Kaylan died Aug. 16 after he was taken off life support. He played football for Enochs High School and collapsed during a weightlifting session six weeks prior. Doctors said he suffered from cardiomyopathy – an enlarged heart.

"When it first happened it was tough," Carter said. "He was my best friend and my right-hand man. We did everything growing up and we had a lot of dreams and aspirations

Carter, page B3



Zach Perts - State Hornet

Wide receiver DeAndre Carter was awarded Co-Offensive Football Championship Subdivision Player of the Week by the Sports Network on Sept. 14.

BY THE NUMBERS

2
Men's Soccer
Men's Soccer loses its second-straight game on Sunday.

3
Football
The Hornets defense committed three penalties, two of which negated interceptions against Thunderbirds.

13
Football
Senior linebacker Todd Davis led the team with 13 tackles and a blocked extra point against Southern Utah

14
Women's Soccer
Gendron saved 14 out of the 15 shots on goal in game against Pacific.

205
Football
Safron finished the game against southern Utah 19-35 for 205 yards and two touchdowns.

Big Sky: A guide to the conference opponents this season

Continued, B1

Alabama.

Cal Poly

Current record: 1-2; 2012 record 9-3, 7-1 conference
Mascot: Mustangs
City: San Luis Obispo, Calif.
Key Players: RB Kristian Ivory, WR Willy Tucker
Profile: The Mustangs look to get back atop the Big Sky Conference led by senior running back Kristian Ivory and their wishbone option offense. This season Ivory has averaged 112.3 yards rushing that included three touchdown runs. Although their offense primarily is on the ground and controlling the clock, Cal Poly will on ocassion air it out to junior Willy Tucker who on Sept. 7 caught five passes for 126 yards.

North Dakota

Current record: 1-2; 2012 record 5-6, 3-5 conference
Mascot: none
City: Great Falls, N.D.
Key Players: QB Joe Mollberg, QB Ryan Bartels
Profile: Standing in the shadow of the two-win FCS champion North Dakota State sits the University of North Dakota. Head coach Chris Mussman likes to split the quarterback duties and the pair of freshmen will take over for Brandon Hansen and Marcus Hendrickson who each threw 15 touchdowns apiece. This year Mussman's new freshmen quarterbacks Mollberg and Bartels have gone a combined 63 percent passing completion with six touchdowns and four interceptions.

Northern Colorado

Current record: 1-3; 2012 record 5-6, 4-4 conference
Mascot: Bears
City: Greeley, Colo.
Key Players: QB Seth Lobato LB Max Flores
Profile: Last season, the Bears' five wins were more they had in 2010 and 2011 combined. Head coach Earnest Collins Jr. led Northern Colorado with upset wins against Portland State, Weber State and North Dakota to end last season. Quarterback Seth Lobato and linebacker Max Flores lead a 27-man senior class. Currently, the Bears are ranked in the Big Sky 10th in offense and 8th in defense.

Weber State

current record: 1-3; 2012 record 2-9, 2-6 conference
Mascot: Wildcats
City: Ogden, Utah
Key Players: RB Bo Bolden
Profile: Weber State has struggled this season with its defense, giving up an average of 55.8 points, but has shown some promise on the offensive side of the ball. Junior running back Bo Bolden already had a 100-yard kick return this season and is currently eighth in school history with 3,476 all-purpose yards.

UC Davis

Current record: 0-4; 2012 record 4-7, 3-5 conference
Mascot: Aggies
City: Davis, Calif.
Key Players: QB Jimmy Laughrea
Profile: UC Davis is under the direction of new head coach Ron Gould, replacing the retiring Bob Biggs after 20 years with the Aggies. Gould served as the running backs coach at UC Berkeley. Sophomore quarterback Jimmy Laughrea stole the starting job from senior Randy Wright. This season, Laughrea has thrown for 562 yards with one touchdown and four interceptions.

Northern Arizona

Current record: 2-1
Mascot: Lumberjacks
City: Flagstaff
Key Players: P Andy Wilder, RB Zach Bauman, CB Anders Battle
Profile: Northern Arizona is currently ranked No.24 in the Sports Network FCS Top 25. The Lumberjacks' defense has been a scoring threat turning three interceptions into touchdowns. Despite losing by 35 to FBS power University of Arizona in week 1, the defense turned it around and have only given up 26 points in two Lumberjack victories. Punter Andy Wilder has pinned teams deep with an average of 44-yards and a season-long of 66.







Josh Lujan - State Hornet

Sac State Hornet quarterback No. 12 Garrett Safron scrambles from the pocket against Southern Utah sophomore linebacker Zak Browning on Saturday night's 24-21 overtime loss.

Sac State beat by costly penalties in Saturday's game

By Curtis Manlapig

Sacramento State football (1-3) beat itself with costly penalties Saturday against Southern Utah (3-1) leading to a 24-21 overtime loss at Hornet Stadium.

The Hornets defense committed three penalties, two of which negated interceptions, on the Thunderbirds 98-yd game-tying drive in the fourth quarter.

A roughing the passer penalty denied a 104-yard interception return touchdown by freshman defensive back Anthony Payne.

"I just saw the replay on the board, I don't have any comment on it, I can't comment on it, it's over," head coach Marshall Sperbeck said regarding the penalty.

Before that point, the Hornet defense had its best showing of the season, limiting Southern Utah to 248 yards of total offense and 13 points in the first half.

Senior linebacker Todd Davis led the team with 13 tackles and a blocked extra point. The defense also forced its first turnover of the season when Southern Utah quarterback Aaron Cantu was intercepted by senior defensive back Robert Beale just before the end of the first half.

Davis acknowledged miscues were momentum killers for the defense Saturday.

"When you put yourself in hard situations like third down penalties, you're not playing one team, you're playing two teams," Davis said. "You have to be smart in your decisions so they can't throw a flag for certain things."

Following the 1-yard touchdown run at the end of the fourth quarter, the Thunderbirds were down 21-19 and completed the two-point attempt after Payne tipped the ball right into the hands of wide receiver Griff McNabb.

"It was a tough play, not much that you could do about that," Davis said.

Heading into overtime, the Hornets started with the ball and quickly went three-and-out and capped their only overtime possession with a missed 45-yard field goal attempt by junior kicker Jesse Aguilar. Aguilar has yet to make a field goal going 0-5 on the season.

The T-Birds took over and converted the game winning 38-yard field goal by preseason FCS All-American kicker Colton Cook.

"This is a tough one to swallow and this is a game we had wrapped up and we let it get away from us," Sperbeck said.

Despite the defensive letdowns, the Hornets were solid on offense in the first half, scoring three touchdowns and accumulating 134 yards.

Junior quarterback Garrett Safron found senior wide receiver Morris Norrise for a 33-yard score in the first quarter to take the 7-0 lead.

Safron then led two 75-yard scoring drives by throwing a touchdown pass to junior wide receiver DeAndre Carter and handing off to senior running back Ezekiel Graham for a score.

Safron finished the game 19-35 for 205 yards and two touchdowns.

Although the loss is fresh, Davis realizes it's time to move on and prepare for next week.

"This one was pretty hard just because we really had the game won about two or three times but the penalties really hurt us," Davis said. "This is a tough one but tomorrow we're gonna watch the film and put this one in the past."

You can reach Curtis Manlapig on Twitter at @CTMstatehornet

SOCCER: Hornets lose for third time

CONTINUED, B1

the go ahead and eventual game winning goal by the Toreros in the 73rd minute.

USD's forward Torrey Dearmas scored a goal for himself after he assisted on the first goal of the match. Dearmas was able to blow past Castillo and shoot a low rolling shot from 15 yards out, giving the Toreros 2-1 lead.

Linenberger said even though it is disappointing to not come away with a win this weekend he is pleased with the team's performance without senior forward Isaac Ikyurav.

"I thought it was a game that could have gone either way so I was pleased with how we bounced back after a very disappointing effort and performance on Friday," Linenberger said. " We created chances and scored a goal, which was important for us."

Sac State will play its last non conference game of the season before it heads into conference play on Friday at UNLV.

Women's soccer improves record

By Clifton Jones

Sacramento State women's soccer improved its record to 4-4-1 Sunday as it beat University of Pacific 2-1 in Stockton.

Redshirt freshman goalkeeper Hannah Gendron and sophomore forward Alyssa Anderson were the stars of the game for the Hornets.

Gendron played in her second game and made 14 saves tying for second most saves in one match in Sac State history.

"It was intense today but the team and myself pulled together and got the win," Gendron said.

Pacific held the advantage in shots 32-11 and in corners 13-4, but with the play of Gendron, the Tigers were only able to score once. Gendron saved 14 out of the 15 shots on goal.

Anderson scored two goals in the first half; she has a team high eight goals on the season.

Sac State was outplayed for most of the match but were helped by the two goals from Anderson.

Anderson scored her first goal of the first half in the 16th minute when she rebounded junior defender Kassi Anast's blocked shot from Pacific goalkeeper Lena Perry. Anderson's goal gave the Hornets the early lead 1-0.

"The shot from Kassi was a really good shot but the goalie left the ball right in front of the net and I just saw my opportunity to put it in the net," Anderson said.

Following the goal, Pacific scored seven minutes later when Alex Hussar put a shot past Gendron in the top right corner of the net. It was Gendron's only blemish in Sunday's game.

Anderson would answer back with her second goal of the game when she redirected a long lead pass across the goal from sophomore defender McKenna Swanson.

Anderson's goal gave the Hornets the lead and the eventual 2-1 victory. She said that she is happy that her six goals this season have helped her team to a .500 record heading into conference play.

"I was relieved to have got the goal back and the lead back for us as well, especially it being a game winner," Anderson said.

Sac State will open up the conference season with a pair of home games against North Dakota and Northern Colorado starting Friday at 4 p.m.

CARTER: Football runs in the family

CONTINUED, B1

that we planned to accomplish together."

During the time of Kaylan's death, Carter was practicing with the football team at training camp and said he struggled to get up and come to practice everyday, but he knew his brother would not want it that way.

"There are good days and bad days, but you just have to continue to pray and know that God doesn't make any mistakes," Carter said. "My brother is still with me and watching over me. I want to make him proud every day."

Whether it was staying up into the wee hours of the night to watch stand up comedy or play video games, Carter will never forget the times with his brother.

"It just saddens me we won't be able to do that anymore," he said.

Football is a long-standing tradition in the Carter family household. DeAndre said he and Kaylan used to wake up early to work out and the two watched each other on their home fields.

"They were pretty much best friends and two peas in a pod," said DeAndre's father Andre Carter. "I've never seen two brothers closer than they were."

DeAndre started his football career playing for his father in Fremont when he was 10 years old. Although he played other sports, he couldn't stop his love for the game.

"I've always been a football player," Carter said. "It runs in my family."

Carter's father coaches at Washington High School and his grandfather also played at McClymonds High School and Laney College in Oakland. Andre Carter said football makes you think out on the field.

"It's about the strategy, physicality and camaraderie of your teammates," Andre Carter said. "The entire aspect about it makes it exciting."

When DeAndre Carter reached Washington High School in San Jose, he was coached and trained by Eddie Schmidt.

"He took me to the next level," Carter said.

In his senior season, Carter helped the Huskies to the second round of the CIF playoffs.

During that time, he was being courted by such schools as Arizona State and Eastern Washington, but Sac State was his only offer and he liked the family values in the football program, said his father, Andre.

"I didn't even know (Sac State) existed," Andre Carter said. "It's ironic though because that's where he ended up."

No matter where Carter plays, he has shown the determination to perform well especially, during his season of emotional turmoil. Thus far he has surpassed his career-high in touchdown receptions, tied the school record with five touchdowns in a single game and was awarded Co-Offensive Football Championship Subdivision Player of the Week by the Sports Network.

"I feel like I have a guardian angel watching over me," Carter said. "I have dreams and aspirations with him by my side."

VOLLEYBALL: The seven-match slump

CONTINUED, B1

Sac State's top performer was Beal who finished with 8 kills and a .304 hitting percentage.

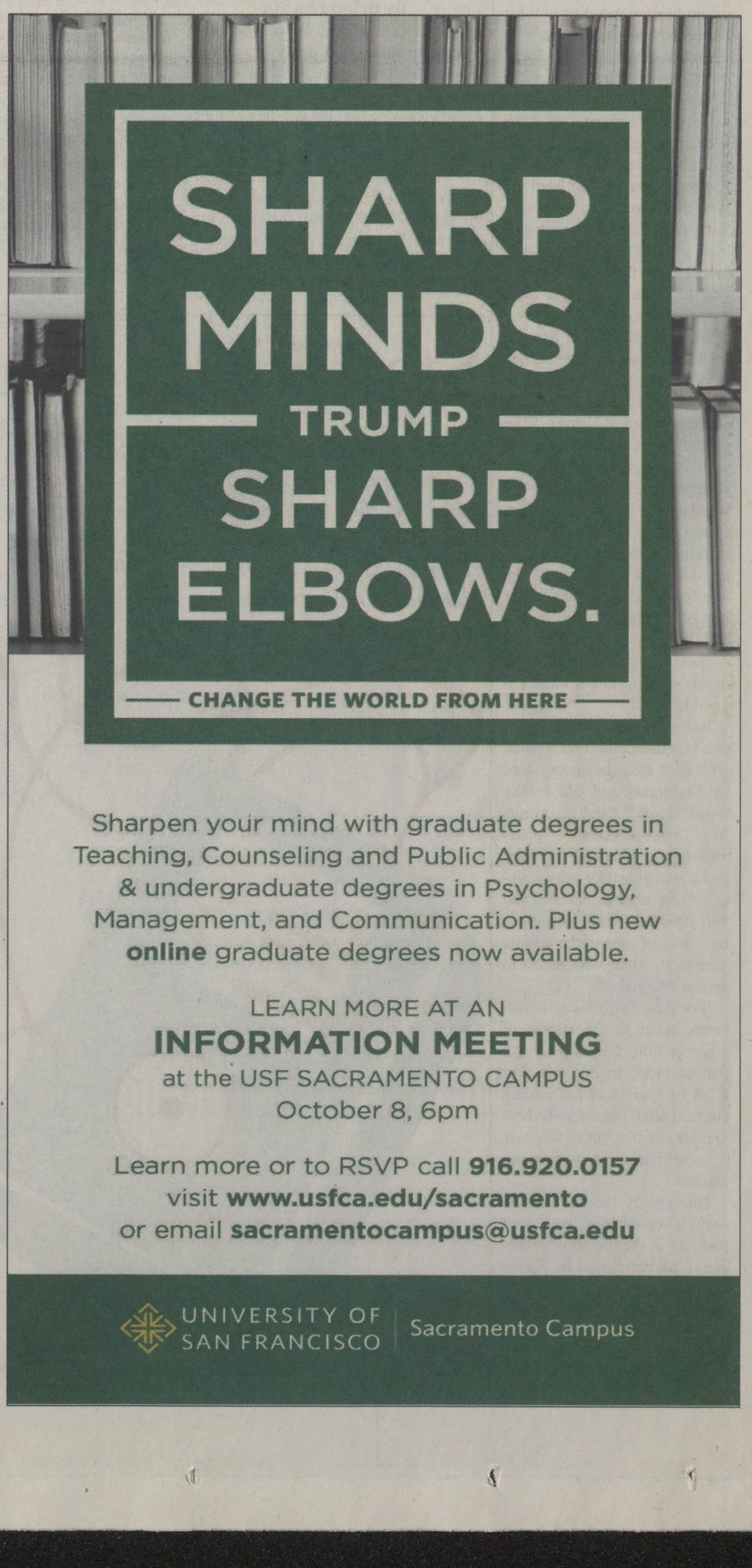
Portland state finished with team totals of 43 kills and a .224 hitting percentage, while limiting the Hornets to just a .022 hitting percentage and 19 kills.

Up next on the Hornet's Big Sky schedule is conference leader Northern Arizona (8-3) on Friday. This will be the first home match for Sacramento State since Sept. 7 when they hosted the Sacramento State Invitational.

The match begins at 7 p.m. at The Nest.

Women's Volleyball 5-8





INSIDIOUS 2 TERROR FLICK KEEPS UP WITH THE ORIGINAL

By Anisca Miles

Moviegoers embarked on a journey with the Lambert family back in April 2011 with "Insidious" and now they are finally getting another haunting dose.

Thanks to Director James Wan, who directed such films as "Saw", "Dead Silence" and "The Conjuring" and paired with writer Leigh Whannell, fans get to indulge themselves again with "Insidious Chapter 2". The sequel, released Sept. 13, earned more than $40 million at the box office – and for good reason.

If you don't remember much about "Insidious," do yourself a huge favor and just watch it again before watching part two – everything will make more sense that way.

"Insidious Chapter 2" storyline starts just hours after the spot the first film left off.

Actors Patrick Wilson, playing the character Josh, and Rose Byrne, playing Renai, return as the Lambert parents with one of their sons, Dalton who is played Ty Simpkins, still experiencing troubling nightmares.

This time around, the family's story unfolds in the home of Josh's mother Lorraine, whose part is played by actress Barbara Hershey. The Lamberts are not allowed into their own home due to a criminal investigation being conducted in what has become a crime scene.

Unfortunately for the Lamberts, the change of scenery does nothing to stop the supernatural experiences that have been haunting them. Instead of Josh coming back from The Further, a spirit world from the first film, someone or something else seems to be possessing his body. The haunted Lambert family still needs to find a way to break their mysterious connection with this dangerous demonic parallel dimension.

Rather than just having one story line going about the family, Wan and Whannell include several different layers. The plot follows Josh's struggle with being possessed, Renai's struggle with not knowing whether her husband is possessed or not and then Lorraine traveling around with a team of ghost hunters trying to solve the family's mystery, which is the best of the three.

The way this movie gets its point across without being overly gory makes it more enjoyable.

Just like any other scary movie, "Insidious" one is filled with dark areas being explored by flashlights and old creaky wood floors. Random events like awkward,creepy piano melodies playing late at night, and a loud ghostlike baby walker rolling around unwarranted will definitely freak you out a bit – and of course the cryptic woman in white who seems to appear everywhere.

For those who enjoy casual comic relief in the middle of a horror film, there's plenty of that provided in this one. For a lot of scary movies, adding comical relief can either be brilliant or terrible, but in this case it seemed to have worked out just fine.

Throughout the movie two dorky ghost hunters, who were featured in the previous installment, Tucker played by Angus Sampson and Specs played by the film's writer Whannell, pro-

HORROR, PAGE B6



WENDY GARCIA - STATE HORNET

At the Mu Phi Epsilon Recital, Francisco Gervacio played the saxophone.

Co-Ed fraternity gives back to Sac State community with jazz

By Briana Swain

Imagine sitting in a dimly lit room at 7 p.m. in Capistrano Hall with a student vocalist placed in front of a grand piano getting ready to sing the first piece of the Mu Phi Epsilon Recital on Sept. 18th.

Her voice was smooth and relaxed while she played the piano during her set. The audience applauded as she began the show with "I've Got The World On A String." White's jazz piece was upbeat and fun, and set a jubilant tone for the rest of the show. The crowd burst into applause as soon as she was done.

"Mu Phi Epsilon is an international professional music fraternity. We're all about giving back to the community through music as well as enriching the community of Sacramento State by making friendships, building connections, community service, fundraising and putting on shows," said 24-year old music major and Vice President of the Alpha Delta Chapter for Mu Phi Epsilon Kat Sylvan.

Music, friendship and harmony are the bonding factors of Mu Phi Epsilon. This coeducational fraternity was instituted on these principles and continues to uphold the tradition as it works towards the advancement of the community.

This fraternity was developed in 1903 at what was then called the Metropolitan College of Music in Cincinnati, Ohio. by Winthrop Sterling and Elizabeth Mathias Fuqua. Mu Phi was originally founded for women, but became coeducational in 1977.

The men and women of Mu Phi Epsilon service the community through music while fostering friendship and unity. "This show was provided to rush new students into the fraternity," said Sylvan.

"I really enjoyed being in the show," said senior music education,Luis Lugo,26.

A variety of classical solo and chamber works were featured during the set.

One of the beautiful pieces played was "Selections Trois Duos Concertants, Opera 13" performed by Francisco Gervacio and Yu-Boh Feng. Gervacio and Feng both played the alto saxophone and stunned the crowd with these instruments.

The saxophonists were very in tune with

MU PHI, PAGE B5

Staff Picks: Songs to love and share

This week the State Hornet Arts section has enlisted the help of writers for input on a list of three songs that they love right now and want to share with others. The expectation is to inspire people to find these songs and listen away. With a well-rounded section, someone is bound to love at least one these tracks.



MCCLATCHY TRIBUNE

Song: "California"
Artist: Mazzy Star
Album: "Seasons of Your Day" was released on Tuesday.
Genre: Alternative
Listen Here: soundcloud.com/mmmusic/mazzy-star-california

Megan Trader says: "It's atmospheric, a little sulky. I've always been a huge fan of Mazzy Star. This being their first release in 17 years is actually quite impressive. I didn't think they would make such a strong record for their first attempt after so many years. It's like no time has passed. It's gorgeous, simple. Hope Sandoval's – the lead singer – vocals are stronger & more solid this time around. It's a perfect record for the coming fall and winter months."

Song: "Too Close"
Artist: St. Lucia
Album: "When The Night" out October 8
Genre: Synth-pop
Listen Here: soundcloud.com/st-lucia/too-close

Anisca Says: "I fell in love with this song the very first time I heard it. This is the first song I've ever heard by St. Lucia and I feel like I've been missing out on some big secret. On this track the lead singer's voice just fits so perfectly within the rhythm and you'll definitely be taken to another world if you listen too loudly. For the first two and a half minutes you're listening to one song and then all of the sudden you're transported to a completely different – but equally amazing – song. "Too Close" will undeniably be on repeat for awhile on my iPod."

Song: "Hold On, We're Going Home (Drake Cover)"
Artist: Arctic Monkeys
Genre: Indie Rock
Listen Here: soundcloud.com/3detailsofmylife/arctic-monkeys-hold-on-were

Cesar Alexander Says: "Who knew the Arctic Monkeys were fans of Drake? Drake's new album "Nothing Was The Same," has officially leaked to the "interwebs," but the unexpected Arctic Monkeys cover for the second single "Hold On We're Going Home," has held it's own groove on BBC Radio 1 Live Lounge.

"I'm not the biggest fan of Drake, but the guy is undeniably talented, and when the Brits start covering you, you are clearly on the right path to something special. The original song is simply beautiful, but the (Arctic) Monkeys' British touch adds an extra layer to the already retro-sounding piece of work. I'm having a hard time deciding which version I like better, but the song just seems to belong to the live instruments. I could only imagine if the two collaborated for a special live performance."

Vegetable breakfast salad satisfies the taste buds

By Megan Trader

I've decided to include one salad per week, because I think it's important to remember to get your fill of raw vegetables on the daily. Sauteing veggies in butter is freakin' delicious, but not exactly the most nutritious way to consume vitamin-rich flora.

The great part about this meal is that it truly satisfies without weighing you down. I walked away with a full belly and all the energy, because I was actually nourishing myself. I hope you all have a similarly fabulous experience with this recipe.

It was such a simple, easy meal, to boot. It might not be what you make when you wake up five minutes before you need to run for the door, but it is definitely what I would consider a quick meal to make in the morning (or if you have leftovers, even quicker!).

Ingredients

½ english cucumber, cut into quarters and then thickly sliced
2 large handfuls of cherry tomatoes, halves
1 red pepper, diced
1 not too ripe avocado, diced
1 small handful of fresh basil, torn into bit sized pieces
1 small handful of parsley, roughly chopped
¼ cup of pine nuts, toasted
1 tablespoon olive oil
¼ teaspoon mild flavoured flaky sea salt, such as Maldon or a black lava sea salt
2 eggs
Oil for frying the eggs

Instructions

Combine the veggies, nuts (I actually substituted chopped, raw walnuts for the pine nuts, because I couldn't find pine nuts anywhere in the large chain grocery store). The walnuts were a great substitute, and tasted just as good, or maybe better (I'd like to think) than the pine nuts suggested in this recipe. I think you can really substitute anything you want. Heck, sprinkle some sunflower seeds into the mix, if that's what your heart truly wants.

Toss the veggies with a tablespoon of olive oil, the sea salt, and combine until the ingredients are all coated.

Heat up a pan, splash on some olive oil, cook an egg or two (depending on how many portions you are serving up). I only cooked one egg per serving, but I made two servings, so I cooked two eggs. I like my eggs runny, so I didn't cook them to the point of being completely solid. If I were more comfortable with poaching the eggs, I would have prepared them that way instead. Maybe next week I might write about my adventures in learning how to poach eggs. Or not.

When the eggs are done cooking you simply place them in the allotted salad portions and serve.



Megan Trader - State Hornet

Mu Phi: Giving classical music a chance with hosted concert

Continued, B4

each other and well rehearsed. The piece was mellow in tone with crashing crescendos, which caught the whole room's attention. The high notes pierced the souls of the audience.

"One misconception about classical music is that it's old and boring; give music a chance. Go to a few concerts and see why people are still playing classical music even though it's really old," said 23-year-old music education and performance major Jamie Jun.

The legacy that started Mu Phi Epsilon was present during the whole recital, but especially during the last performance of the show "Triangle" which featured all members of the fraternity. Students rushed onstage and held hands while singing a joyful and touching song about how music and friendship brings people together.

The fraternity colors, purple and black, lined up at the front of the hall symbolized the union between the brothers and sisters of Mu Phi Epsilon. The bond between them was evident throughout the show as each member wore the colors with pride.

Seeing the camaraderie of the fraternity together as a unit was very inspiring and moving. It was the kind of song that makes onlookers skin quiver. The trust and support that they provide each other is genuine and heartwarming.

For more information and scholarship applications, visit Mui Phi Epsilon's website at http://www.mpefoundation.org. Music majors and minors are welcome to join.



Megan Trader - State Hornet

(Above) A poached egg goes great with this veggie breakfast salad; runny or not, it's all good.

(Left) 1/4 cup of pine nuts add texture to the array of mixed veggies that incude avocado, cherry tomatoes and English cucumber.

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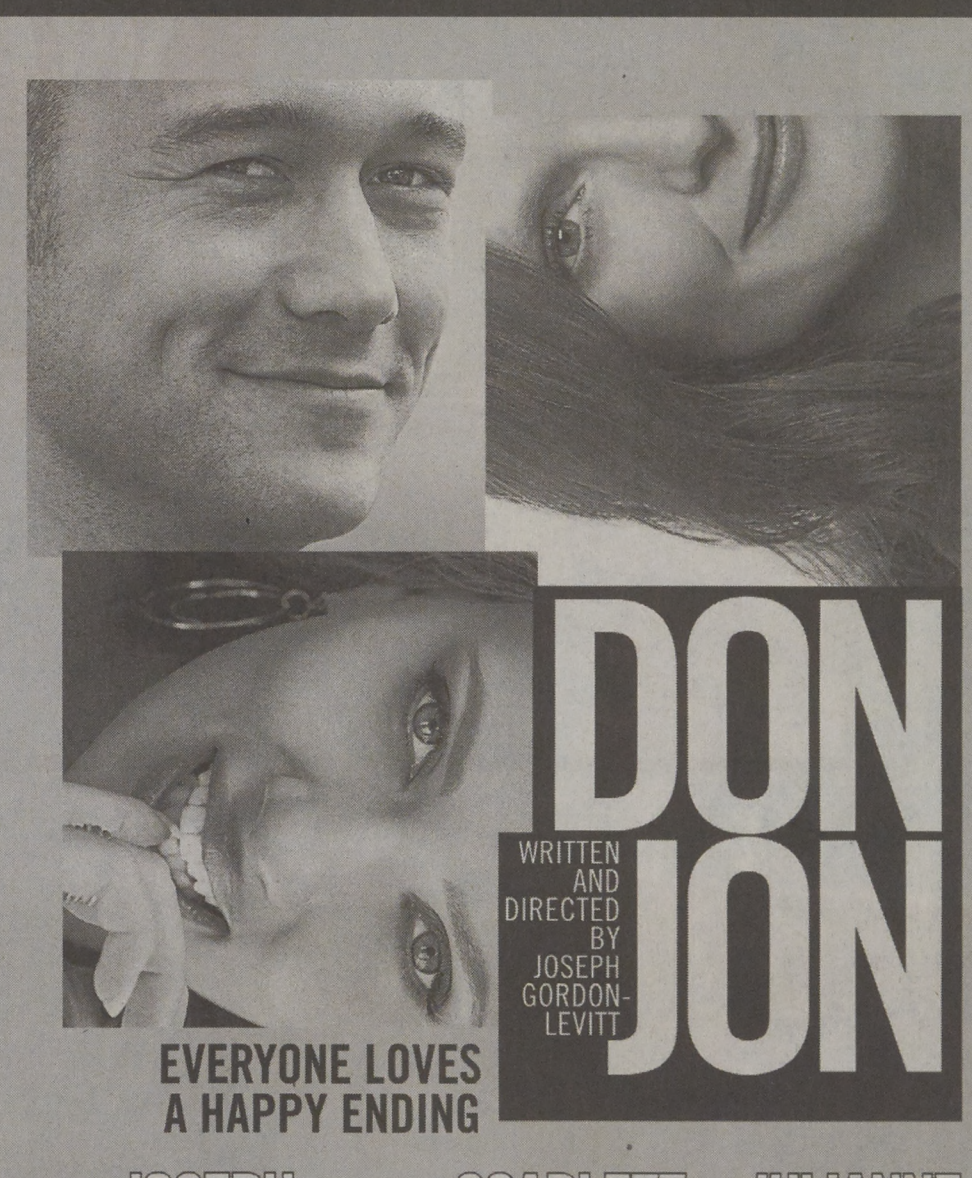
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HORROR: Grandma's house is scary without ghost

CONTINUED, B4

vide a couple of good laughs to break up the spine-chilling atmosphere to make the movie even more enjoyable. Moviegoers will know exactly what I mean when they experience the tranquilizer incident.

Wan does an incredible job turning an otherwise normal grandmotherly home into hair-raising ghost-infested scenery. To be honest, the house would have been a bit unnerving even without the ghosts, due to the extreme amount of doors and winding hallways. Many times it was easy to get lost and confused about which door led where and if there was some secret door they forgot to close while trying to hide.

Wan and Whannell's decision to use time travel throughout the movie instead of the typical horror movie flashback was a breath of fresh air. It was interesting watching the characters go back and forward between the world as most people know it, and the mystical world of The Further. The changeover definitely added more layers to the films storyline.

There were many predictable moments where watchers know what's bound to happen and then it does happen – like when Lorraine is looking in mirror and sees a figure walking behind her, but Wan does a pretty good job surprising with some unexpected scenes as well.

Wan's job as a horror film director is to trip viewers up and rattle some brains – he definitely accomplished that with his cinematography.

I would definitely recommend this movie but only if you've seen the first one, after watching "Insidious Chapter 2" you will definitely appreciate the previous film a lot more.



COURTESY MATT KENNEDY/MCT

Here comes trouble, again: Rose Byrne is back as a frightened mother in the horror sequel "Insidious 2."

WRITE FOR US!

THE STATE HORNET

Email Ryan Kuhn to join:
editor@statehornet.com

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